

Charya

Dance as spiritual practice

Nepalese mandala dance and Indian prayer dances



Padmanateshvara
Initiatory Deity of Charya Dance

In mystical traditions the cosmos is understood as a Divine Being which may be experienced with all human senses. There life dances an eternal round dance, and from there it receives its glow. In this context, traditional dances with their rhythms and songs, which have received their form in the course of millennia, are symbolic images of the 'gods'. The essence of the art of dancing is to make visible the moment 'Now' in the perfect presence of one breath. The art of movement, activating the joints of both hands and feet, may in this way create, flame-like, the most perfect motion which allows the dancer to grow beyond the

restrictions of form and to develop beyond his own limitations.

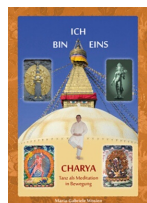
The energetic focal point above the head of the dancer, where the central energy channel runs down along the spine to the vital centre – to the 'realm of the creative feminine' - has the power to break up rigid structures and to infuse them with new life. In Charya this power is symbolized by the presence above the dancer's head as Padmanateshvara, the divine Dancer-God.

With devotion and his/her creative participation, the dancer in encountering the gods, returns energy to the cosmos and in this way unites the visible and invisible worlds.

By the dancer connecting spirit and matter, all creative processes may be experienced to be particles of unending cycles of life, as a continuous being-born-into and again as being-born-from them, while the soul is nourished by coming face to face with the Divine in the present moment.

This takes place in the heart, the central point for the creation of all movement.

Maria-Gabriele Wosien dance teacher, choreographer, writer. From her studies of Western and Eastern sacred traditions, she developed her own choreographies. Her particular interest is the ritual origin of dance. Her work is focused on the conscious experience of mythic images and symbols, so they may develop their healing potential.
www.sacreddance-wosien.net



Natalia Litvinchuk dancer, dance teacher, director of the dance school *Ariadna*, Simferopol, Crimea. She learnt from Prajwal Vajracharya, Nepal, for the DVD recording of "Vedic Mantras - Meditation in Movement" published by the Metanoia-Verlag
www.metanoia-verlag.ch



Registration

please in writing by email and with your full contact details to the organizer. Your registration is binding. In case of cancellation until the registration deadline, there are no costs, after that cancellation fees in the amount of 25% of the participation fee. If a cancellation is made less than three weeks before the beginning of the seminar, half of the participation fee must be paid.

Info

Date

Friday, January 31st, 2020,
6:30 pm (with dinner) until
Sunday, February 2nd, 2020, noon

Seminar fee

€ 125,- to be paid in cash after arrival

Overnight stay

please book yourself. A list of accommodation in the nearby area can be sent on request.

Catering

during the seminar a total of
2 vegetarian meals in Klangraum 21
(Friday evening, Saturday lunch),
Coffee / tea break.
Energy balance: total € 25,-
Saturday Dinner is not included (in the
Italian restaurant or self-catering)

Arrival at train station Ebertsheim

5 minutes walk to „Klangraum 21“

Arrival by car

Parking at the train station

Registration until: 5.1.2020

Organization - Contact

Ute Kreidler
67280 Ebertsheim
0049 6359 87634
0049 151 62429899
info@klangraum21.de

Address

Klangraum 21
Alte Papierfabrik
Eduard-Mann-Str. 3
67280 Ebertsheim
www.klangraum21.de

